



Training Policy.

- The Management Committee, in consultation with coaches and managers, will allocate each team a training time and field. Under no circumstances are teams to change this allocation without first discussing it with the Management Committee.
- Each team will train at least once a week. Some teams may train more often but that is something that each coach will organise with their team.
- A copy of the training roster will be provided to all coaches and managers as soon as it is available and will also be posted on the Club website.
- Teams are requested to avoid training on areas that are badly worn or waterlogged.
- **Teams are NOT to train in the goal mouths at Andromeda.**
- The Club website should be checked to ensure that the appropriate training ground is open.
- Players will be notified when possible, if training is cancelled. As there may be occasions when this may not be possible parents are requested not to drop their child off without ensuring that training is on, especially if their child trains at night.
- The coach or manager will ensure that no child is left unsupervised after training but parents should appreciate that constant lateness is not appreciated.
- All players are expected to attend training sessions or notify their coach or manager if they are unable to attend training.
- Players should be properly attired with soccer boots, shin pads, socks and suitable and appropriate clothing.
- Players should bring along a water bottle.
- Parents should ensure that their child attends training and where possible, attend the training session with their child.
- Before training coaches should conduct a safety check, locating possible concerns. These concerns should be marked with plastic domes.

**Reference: Club By-Laws
Club Handbook
Handbook for Coaches and Managers**

